

**Menu
October 2018**

Monday		Tuesday		Wednesday		Thursday		Friday	
1	Toast, Turkey Bacon Peaches Milk	2	WG English Muffin, Banana, Milk	3	Waffles, Peaches Milk	4	Biscuit & Gravy Oranges, Milk	5	WG Cereal, Banana, Milk
	BBQ pork, Green Beans WG Cornbread, Pears, Milk		Chicken Tacos, Oranges Corn, Milk		Meatloaf, Roll, Mashed Potatoes Peas & Carrots, Milk		Turkey & Cheese Sandwich, Broccoli Pineapple, Milk		Vegetarian Zucchini Lasagna, Pears, Milk
	Banana Bread, Milk		Cucumber slices, Greek yogurt dip		Trail Mix, Milk		Breadstick, Milk		Apple slices, Ritz
8	WG Oatmeal, Oranges Milk	9	Eggs, Potatoes Milk	10	Waffles, Berries, Milk	11	WG Cinnamon Toast, Pears, Milk	12	WG Cereal, Banana, Milk
	Chicken Noodle Soup Carrots, Pears Milk		Turkey Tacos Mixed Veggies Peaches, Milk		Bean Burrito, Corn WG Spanish Rice, Pineapple, Milk		Spaghetti w/ Meat Sauce, Salad, Green Beans, Milk		Tuna Mac & Cheese w/ Peas, Peaches Milk
	WG Cheese Toast		Goldfish, Banana		Yogurt, Granola		Fruit salad, crackers		Pretzels, Cheese stick
15	Toast, Turkey Bacon Peaches Milk	16	WG English Muffin, Banana, Milk	17	Waffles, Peaches Milk	18	Biscuit & Gravy Oranges, Milk	19	WG Cereal, Banana, Milk
	BBQ pork, Green Beans WG Cornbread, Pears, Milk		Chicken Tacos, Oranges Corn, Milk		Meatloaf, Roll, Mashed Potatoes Peas & Carrots, Milk		Turkey & Cheese Sandwich, Broccoli Pineapple, Milk		Vegetarian Zucchini Lasagna, Pears, Milk
	Banana Bread, Milk		Cucumber slices, Greek yogurt dip		Trail Mix, Milk		Breadstick, Milk		Apple slices, Ritz
22	WG Oatmeal, Oranges Milk	23	Eggs, Potatoes Milk	24	Waffles, Berries, Milk	25	WG Cinnamon Toast, Pears, Milk	26	WG Cereal, Banana, Milk
	Chicken Noodle Soup Carrots, Pears Milk		Turkey Tacos Mixed Veggies Peaches, Milk		Bean Burrito, Corn WG Spanish Rice, Pineapple, Milk		Spaghetti w/ Meat Sauce, Salad, Green Beans, Milk		Tuna Mac & Cheese w/ Peas, Peaches Milk
	WG Cheese Toast		Goldfish, Banana		Yogurt, Granola		Fruit salad, crackers		Pretzels, Cheese stick
29	Toast, Turkey Bacon Peaches Milk	30	WG English Muffin, Banana, Milk	31	Waffles, Peaches Milk				
	BBQ pork, Green Beans WG Cornbread, Pears, Milk		Chicken Tacos, Oranges Corn, Milk		Meatloaf, Roll, Mashed Potatoes Peas & Carrots, Milk				
	Banana Bread, Milk		Cucumber slices, Greek yogurt dip		Trail Mix, Milk				

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