

**Menu
January 2019**

Monday		Tuesday		Wednesday		Thursday		Friday	
		1		2		3		4	
		Closed New Years		Waffles, Berries, Milk		Broccoli Quiche, Milk		WG Cereal, Banana, Milk	
				Black Bean and Veggie Enchiladas, Pineapple, Milk		BBQ pork, WG Bread Green Beans, Sweet potatoes, Milk		Tuna Salad, Bread Peas, Peaches Milk	
				Fruit Salad, WG crackers		Yogurt, Granola		Pretzels, Cheese stick	
7		8		9		10		11	
Broccoli Quiche, Milk		WG English Muffin, Banana, Milk		Waffles, Cinnamon Apples, Milk		WG Toast, Turkey Bacon Pineapple Milk		WG Cereal, Banana, Milk	
Chili, WG Cornbread Broccoli, Pears Milk		Chicken Tacos, Corn Fresh Oranges, Milk		Meatloaf, WG Roll, Mashed Potatoes Peas & Carrots, Milk		Spaghetti w/ Meat Sauce, Salad, Green Beans, Milk		Vegetarian Zucchini Lasagna, Pears, Milk	
Pumpkin Bread, Milk		Celery & Carrot Sticks, Greek Yogurt Dip		Trail Mix, Milk		Apple slices, Ritz		Breadstick, Milk	
14		15		16		17		18	
Eggs, Potatoes Milk		WG Oatmeal, Oranges Milk		Waffles, Berries, Milk		Biscuit & Gravy Oranges, Milk		WG Cereal, Banana, Milk	
Chicken Noodle Soup Pickle, Pears Milk		Turkey Tacos Mixed Veggies Peaches, Milk		Black Bean and Veggie Enchiladas, Pineapple, Milk		BBQ pork, WG Bread Green Beans, Sweet potatoes, Milk		Tuna Salad, Bread Peas, Peaches Milk	
WG Cheese Toast		Banana, Goldfish		Fruit Salad, WG crackers		Yogurt, Granola		Pretzels, Cheese stick	
21		22		23		24		25	
Biscuit & Gravy Oranges, Milk		WG English Muffin, Banana, Milk		Waffles, Cinnamon Apples, Milk		WG Toast, Turkey Bacon Pineapple Milk		WG Cereal, Banana, Milk	
Chili, WG Cornbread Broccoli, Pears Milk		Chicken Tacos, Corn Fresh Oranges, Milk		Meatloaf, WG Roll, Mashed Potatoes Peas & Carrots, Milk		Spaghetti w/ Meat Sauce, Salad, Green Beans, Milk		Vegetarian Zucchini Lasagna, Pears, Milk	
Pumpkin Bread, Milk		Celery & Carrot Sticks, Greek Yogurt Dip		Trail Mix, Milk		Apple slices, Ritz		Breadstick, Milk	
28		29		30		31			
Eggs, Potatoes Milk		WG Oatmeal, Oranges Milk		Waffles, Berries, Milk		Biscuit & Gravy Oranges, Milk			
Chicken Noodle Soup Pickle, Pears Milk		Turkey Tacos Mixed Veggies Peaches, Milk		Black Bean and Veggie Enchiladas, Pineapple, Milk		BBQ pork, WG Bread Green Beans, Sweet potatoes, Milk			
WG Cheese Toast		Banana, Goldfish		Fruit Salad, WG crackers		Yogurt, Granola			

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